



Prices include 12% tax!  
TAKE OUT: 250.385.1784

**\$3**

**Chips & Dip** ☺

Tortilla or potato chips with your choice of dip: salsa, chipotle mayo or sour cream.

**Focaccia with Oil & Balsamic** 🍴

Fresh Focaccia bread with Olive oil and Balsamic vinegar mixture to dip in!

**Roasted Almonds with Sea Salt** ☺

Just like it sounds! Yummy nutty goodness.

**Hummus with Focaccia** 🍴

Homemade Middle Eastern hummus with a side of Focaccia bread.

**Edamame** ☺

Green soy beans gently steamed & tossed with sea salt.

**\$4**

**Perogies** 🍴

Cheesy, potato-y goodness topped with green onions. Served with sour cream.

**Cheesy Garlic Bread** 🍴

Focaccia toast topped with garlic butter & three types of cheese.

**\$6**

**Curry Bowl** ☺

Coconut curry with seasonal veggies & rice.

**OI Garden Salad** ☺

Organic mixed greens with carrot, tomato, cucumber, beans & toasted almonds. Served with balsamic vinaigrette dressing.

**Ocean Island Burrito** 🍴

Hearty refried black beans, spinach and cheese in a grilled tortilla shell. Served with salsa & sour cream.

**Pasta of the Day** 🍴

Ask your server or check out our specials board for today's delicious pasta. Add garlic toast - **\$2.00**

Add chicken to any main dish: \$2.00

**\$8.50**

**Ocean Island Nachos** 🍴

White corn tortilla chips with veggies & three types of cheese. Served with salsa & sour cream. Great for sharing!

**Vegetable Panini** 🍴

Grilled seasonal veggies, cheese and sun dried tomato pesto on grilled Focaccia. Served with your choice of side salad or potato chips.

**Chicken Panini**

Grilled chicken breast, cheese, spinach and tomato with sundried tomato pesto on grilled Focaccia. Served with your choice of side salad or potato chips. Add bacon - **\$1.00**

**Soup, Salad & Focaccia Bread** 🍴

Our soups are hot and delicious! Check the specials board for today's flavour.

**Ocean Island Burger**

Your choice of a beef or veggie burger topped with chipotle spread, spinach, sun dried tomato and red onion on a Focaccia bun. Served with your choice of side salad or potato chips. Add cheese - \$1.75 • Add bacon - \$1.00

🍴 Vegetarian entrée    ☺ Can be prepared vegan  
Please let the kitchen know of any allergies when ordering